
Assignment Guidance Form

iUSP161 – Provide complex massage techniques for sports massage

- Conduct a Review on Research Undertaken on Sports Massage/Soft Tissue Therapy

To include the following:

- Critically appraise research undertaken on the use of Sports Massage
- Draw conclusions on support for the use of Sports Massage

Analysis of findings may be presented in any of the following formats:

- Bibliography/reference list
- Appendices
- Peer reviewed journals
- Published research
- Written presentation
- Internet peer reviewed web pages

Reviews should be based on a range of research papers

Document History

Version	Issue Date	Changes	Role
v1	03/09/2019	First published	Qualifications and Regulation Co-ordinator